

TRIPLE THREAT 7V7 2023 SEASON

Triple Threat - Initial Fee's - Due **1/01/2023** \$355.00

Payment: Venmo @martinez330 or Cash or Check made out to: Triple Threat/ Steve Martinez

Triple Threat Player Club Dues (Dec. 2022 – May 2023) \$ 150.00

7v7 practices will be held twice a week. As we move closer to tournament play, practices will increase in frequency – currently Monday & Thursdays have been designated as our regularly scheduled practice time. Practice times and locations will be posted inside of the team snap application. During winter the fields may not be deemed safe for practice, in these case we will go indoors.

Player Uniform and Helmet Fee's: 2023 Season \$205.00

Game breaker Helmet \$55.00

(*not required if your player already has a black certified 7v7 Gamebreaker Helmet)

Player Uniform package (required): \$150.00

Reversible Sleeveless Compression Shirt

Compression Shorts

Hoodie

Joggers

Backpack

Player Uni add ons (*not required):

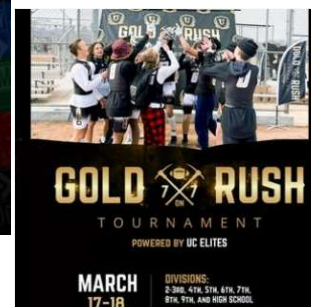
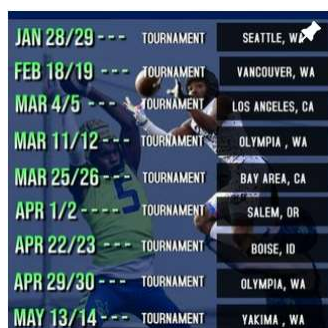
Compression Pants \$30.00

Long Sleeved Compression Shirt \$30.00

Player Tournament Fee's: (Dec. 2022 – May 2023) \$500.00

Entry fee's for tournaments range from \$500-\$1500 for each team - the cost will vary based upon the association hosting the event. The \$500 player fee will cover tournament entry expenses for 3 local tournaments, 3 travel tournaments, practice, and training fee's.

Local Tournament Schedule	Travel Tournament Schedule
1. January 21st – 22nd – (Sat./Sun) Meridian Idaho For more information visit - https://idahoringstars.org	1. Jan 28th – 29 – 7on7 Association - Seattle Washington (University of Washington)
2. March 11th – 12th (Fri/Sat) Boise Idaho For more information visit - https://idahoringstars.org	2. March 17th – 18th – Gold Rush – Utah California - UC Elites (Weber State)
3. April 1st – 2nd - (Fri/Sat) Boise State University - For more information visit - https://idahoringstars.org	3. March 4th – 5th - PYLONS - Los Angeles - California (USC)
4. April 22/23 – Boise Idaho - 7v7 Association (Maybe)	4. April 15 - 16 MECCA II (UNLV)



Follow us on Instagram @triple_threats_sports_academy @idahoringstars

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Rising Stars – Skill Development (Optional)

Open Work Out – Coach Billy W.

Free / Every - Sunday 2 pm

This workout will be designed for ball skills, route running, feet work, and overall fundamental development specific to player overall development. During winter if the weather prohibits outside play, we will workout inside of a gym in Boise.

QB Skill Development Camps – Coach Mason

\$50 per session / Every Friday @ 4 p.m. @ Settlers Park

Payment Link: Venmo @idahorisingstars

This workout is position specific. Here you will learn the footwork fundamentals, timing, basic reads, drop back passing, correct throwing motion and more. If your son would like to play quarterback, I would recommend this type of QB camp for him to learn the basics of the position.

Player Skill Development (Strength & Conditioning) - Coach Ty

\$50 per week / Mon - Fri TBD / Meridian Idaho

Payment Link: Venmo @idahorisingstars

Learn proper lifting techniques and participate in field drill and competition. These workouts are designed to increase core strength, explosiveness, feet work, agility, and compliment the development necessary for 7v7 and in season play.

Speed Camp - Coach Amy Christopherson (Begins in February)

\$50 per week / Tue, Wed, Fri 6:00 p.m. / Nampa

Payment Link: Venmo @idahorisingstars

Speed is a key component to maximizing your play and avoiding injury. If you are looking for opportunities to increase speed and develop good running form this will be a great opportunity to take advantage of. Our partnership with former division 1 collegiate coach Amy C., was secured in order to provide quality instruction and training focused on form, coordination, turn over, core strength development, and flexibility.

Idaho Rising Stars Inc (501c3) - Sponsorships /Donations

The organizations mission is to promote access to both academic and athletic skill development in Idaho. The goal is to develop athletes to their full potential and then showcase their ability in and around the Treasure Valley through local passing league tournaments. We are committed to partnering with individuals & businesses who share our values and are devoted to helping student –athletes achieve success both on and off the field.

Volunteers, donations, In-kind match, and sponsorship support received will be purposed toward making the club fee's more affordable and the program more accessible. If there are any fundraiser ideas you have or potential sponsors you know that would want to donate to the organization please let us know. We are actively working on establishing strategic partnerships, applying for grants, securing sponsorships and coordinating fund raisers.

Fan gear will be available via BX Idaho, once teams have been selected. A link to the site will be posted on Instagram, as well as emailed out to parents. We look forward to an awesome season!

Email any questions to martinezs330@yahoo.com or idahorisingstars@gmail.com

Follow us on Instagram @triple_threats_sports_academy @idahorisingstars